

EXTON, PA

GROUPX CLASSES



VIEW CURRENT CLASS SCHEDULE BY **DOWNLOADING THE MAXX FITNESS APP**

The NEW Maxx Fitness Clubzz app provides class schedules, social media platforms, creation of goals and participation in club challenges. Our app will also allow you to link many of the popular fitness tracking devices and fitness apps on the market. Available Free on iOS App Store or Google Play Store for Android.



MONDAY

5:15AM	MOVEIT TEAM TRAINING*	COMING SOON!
6:30AM	MAXX CYCLING Brenda	
9:00AM	LES MILLS BODYPUMP Maria	
10:00AM	MOVEIT TEAM TRAINING*	COMING SOON!
5:30PM	LES MILLS BODYCOMBAT Alex	
6:00PM	MOVEIT TEAM TRAINING*	COMING SOON!
6:00PM	MAXX CYCLING Vanessa/Kathy/Brenda	
6:30PM	ZUMBA Julie	

TUESDAY

6:30AM	TABATA Alison	
9:00AM	LES MILLS BODYCOMBAT Lauren	
10:00AM	MOVEIT TEAM TRAINING*	COMING SOON!
5:30PM	ZUMBA Julie	
6:00PM	MOVEIT TEAM TRAINING*	COMING SOON!
6:00PM	MAXX CYCLING Kathy	
6:30PM	LES MILLS BODYPUMP Amanda	

WEDNESDAY

5:15AM	MOVEIT TEAM TRAINING*	COMING SOON!
6:30AM	MAXX CYCLING Brenda	
9:00AM	LES MILLS BODYPUMP Lauren	
10:00AM	MOVEIT TEAM TRAINING*	COMING SOON!
5:30PM	LES MILLS BODYCOMBAT Lauren	
6:00PM	MOVEIT TEAM TRAINING*	COMING SOON!
6:30PM	YOGA Kimberly	

THURSDAY

6:30AM	LES MILLS BODYPUMP Maria	
9:00AM	LES MILLS BODYCOMBAT Lauren	
10:00AM	MOVEIT TEAM TRAINING*	COMING SOON!
5:30PM	LES MILLS BODYPUMP Julie	
6:30PM	MAXX CYCLING Kathy	

FRIDAY

5:15AM	MOVEIT TEAM TRAINING*	COMING SOON!
6:30AM	MAXX CYCLING Brenda	
9:00AM	MOVEIT TEAM TRAINING*	Lauren

SATURDAY

8:00AM	MAXX CYCLING Brenda	
8:00AM	LES MILLS BODYCOMBAT Alex	
9:00AM	MOVEIT TEAM TRAINING*	COMING SOON!
9:00AM	LES MILLS BODYPUMP Julie	
10:00AM	ZUMBA Julie	

SUNDAY

8:00AM	TABATA BOOTCAMP Alison	
9:00AM	LES MILLS BODYCOMBAT Doreen	
10:00AM	YOGA Kimberly	

RESERVE CLASSES ON OUR WEBSITE. GET CLASS PASS UPON CHECKING INTO THE CLUB. GIVE PASS TO INSTRUCTOR BEFORE CLASS BEGINS. **ENJOY YOUR WORKOUT!**

CLUB HOURS

MON - THU: 4:00AM - 10:00PM
FRI: 4:00AM - 9:00PM
SAT: 7:00AM - 7:00PM
SUN: 7:00AM - 7:00PM

KIDZZ CLUB HOURS

MON - SAT: 9:00AM - 12:00PM
MON - THU: 5:00PM - 8:00PM



MOVEIT
TEAM TRAINING* sessions are affordable and available to all members.



www.maxxfitnessclubzz.com